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## LIFESTYLE INDICATORS MODULE

**Interviewer Read**--Next I would like to read a list of activities and interests that describe people's lifestyles. Please tell me if this is an activity that you do regularly, sometimes, or never as a part of your lifestyle.

*<Do not read the category names to respondents.>*

### Hobbies or Other Interests

LIFE\_A1 Spend time on creative arts such as painting, playing a musical instrument, writing, etc.

- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |

LIFE\_A2 Enjoy making things out of wood, metal, glass, yarn, or other materials

- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |

LIFE\_A3 Collect stamps, coins, antiques, toys, or any other collectibles as a hobby

- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |

LIFE\_A4 Invest in and keep up with the stock market

- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |

### Chores at Home

LIFE\_B1 Do your own home improvement, decorating, or auto maintenance

- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |

LIFE\_B2 Grow vegetables or fruit in your garden

- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |

LIFE\_B3      Cook meals at home

1. Regularly	8. Don't Know
2. Sometimes	9. Refused
3. Never	

Family Activities

LIFE\_C1      Spend time raising children or attending activities related to them

1. Regularly	8. Don't Know
2. Sometimes	9. Refused
3. Never	

LIFE\_C2      Spend time with one or more grandchildren

1. Regularly	8. Don't Know
2. Sometimes	9. Refused
3. Never	

LIFE\_C3      Take care of and play with one or more pets

1. Regularly	8. Don't Know
2. Sometimes	9. Refused
3. Never	

Work

LIFE\_D1      Operate your own independent business

1. Regularly	8. Don't Know
2. Sometimes	9. Refused
3. Never	

LIFE\_D2      Work at home or "telecommute"

1. Regularly	8. Don't Know
2. Sometimes	9. Refused
3. Never	

LIFE\_D3      Commute more than 45 minutes to work every work day

1. Regularly	8. Don't Know
2. Sometimes	9. Refused
3. Never	

Sports Spectatorship

LIFE\_E1      Attend ballgames or follow other professional or college sports

1. Regularly	8. Don't Know
2. Sometimes	9. Refused
3. Never	

LIFE\_E2 Watch sports on television

1. Regularly	8. Don't Know
2. Sometimes	9. Refused
3. Never	

Community, Civic or Church Involvement

LIFE\_F1 Donate to charitable causes or non-profit organizations

1. Regularly	8. Don't Know
2. Sometimes	9. Refused
3. Never	

LIFE\_F2 Work as a volunteer in organized youth activities, such as sports, scouts, arts

1. Regularly	8. Don't Know
2. Sometimes	9. Refused
3. Never	

LIFE\_F3 Participate actively in a civic club or community service organization

1. Regularly	8. Don't Know
2. Sometimes	9. Refused
3. Never	

LIFE\_F4 Attend religious services and church gatherings

1. Regularly	8. Don't Know
2. Sometimes	9. Refused
3. Never	

Vacation and Travel

LIFE\_G1 Take vacations away from home at least once a year

1. Regularly	8. Don't Know
2. Sometimes	9. Refused
3. Never	

LIFE\_G2 Spend time at your vacation home or property, including time-shares

1. Regularly	8. Don't Know
2. Sometimes	9. Refused
3. Never	

LIFE\_G3 Live somewhere else three or more months out of the year

1. Regularly	8. Don't Know
2. Sometimes	9. Refused
3. Never	

### Education and Self-learning

- LIFE\_H1      Read nature, wildlife, or environmental magazines
- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |
- LIFE\_H2      Attend classes to learn new skills, languages or subjects, for example, continuing education
- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |
- LIFE\_H3      Attend cultural events, concerts or other performing arts
- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |
- LIFE\_H4      Read news, business, or professional magazines
- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |

### Health and exercise

- LIFE\_I1      Take walks in my neighborhood or nearby park
- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |
- LIFE\_I2      Visit a fitness club or otherwise exercise at least 3 times a week
- <if needed, examples of exercise include walking, running or jogging, working out with weights, aerobics>*
- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |

### Environmental Behaviors

- LIFE\_J1      Recycle household products such as glass, paper, or plastic
- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |

LIFE\_J2 Actively participate in an environmental or conservation group or organization, for example, Ducks Unlimited, Sierra Club

- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |

### Technology and Fads

LIFE\_K1 Keep informed about the latest consumer technology and gadgets

- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |

LIFE\_K2 Use the Internet, e-mail or personal computers at home

- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |

### Socializing and Friends

LIFE\_L1 Get together socially with friends or neighbors

- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |

LIFE\_L2 Use the facilities or attend events at a country club or other private recreation club

- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |

### Going Out and Eating Out

LIFE\_M1 Eat out in restaurants, including fast food, or order take-out food 2 or more times a week

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|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |

LIFE\_M2 Attend movies at the theater 1 or more times a month

- |              |               |
|--------------|---------------|
| 1. Regularly | 8. Don't Know |
| 2. Sometimes | 9. Refused    |
| 3. Never     |               |