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SUSTAINABLE MANAGEMENT OF NON-TIMBER FOREST RESOURCES



UNEP

CBD

Sustainable management of non-timber forest resources

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Foreword

The Convention on Biological Diversity (CBD), negotiated under the auspices of the United Nations Environment Programme (UNEP), was adopted in 1992 and entered into force in 1993. Its aims are the conservation of biological diversity, the sustainable use of biological resources, and the fair and equitable sharing of benefits arising from the use of genetic resources. One of the major challenges facing the Convention on Biological Diversity is the communication of research results in a way that provides the policy makers, their advisors, the scientific community and other stakeholders with helpful insights.

Major factors leading to biodiversity loss are habitat loss and degradation, invasive alien species, overuse of resources and pollution. Due to the complexity of these factors, various approaches and strategies are being used to reduce biodiversity loss. All, however, require the best available scientific information that allows the development and implementation of sound management strategies.

The goal of the CBD Technical Publications Series is to contribute to the dissemination of up-to-date and accurate information on selected topics that are important for the conservation of biological diversity, the sustainable use of its components and the equitable sharing of its benefits. A large and growing body of evidence has clearly established the need to disseminate synthesis publications relevant to CBD objectives and selected reports presented at CBD meetings.

The Technical Publications Series is intended to:

- Foster scientific and technical cooperation;
- Improve communication between the Convention and the scientific community;
- Increase awareness of current biodiversity-related problems and concerns; and
- Facilitate widespread and effective use of the growing body of scientific and technical information on conserving and using biological diversity.

The CBD Technical Publications Series comes at a time when the international community through the Conference of the Parties to the Convention has committed itself to achieving tangible results in all aspects of the sustainable management of biological diversity for social and economic purposes. We therefore believe that this series will be useful to the broader scientific community and those concerned with biodiversity management.

I am very pleased to make available to the scientific community and those actively involved in biodiversity management the sixth publication in the CBD Technical Series, addressing Sustainable management of non-timber forest resources. It is my hope that this publication will broaden our understanding of the complexity of the issue and at the same time facilitate the implementation of remedial measures to reduce or halt biodiversity loss.

I wish to express my sincere gratitude to all those who have contributed in one way or another in the preparation and production of this series.

Hamdallah Zedan
Executive Secretary

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Sustainable management of non-timber forest resources

Executive summary

If policy on sustainable management of non-timber forest resources (NTFR) is to be implemented successfully, then recognition that there is no "one size fits all" policy is essential. Policies and their implementation practice have to be tailored to local ecological, economic, cultural and political circumstances. This complexity and the diversity of species used are added to by two other factors. Firstly, that the "catch-all" nature of the terms "non-timber forest resources" or "non-timber forest products" (NTFP), which refer to all natural resources from forests apart from sawn timber. Secondly, the fact that NTFR conservation and use sits at the confluence of at least probably more Articles of the CBD than probably any other component of natural resource use.

In the past, plant and bush-meat use values to people have either been disregarded, or if taken into account, then the emphasis has either been on the values of plants or wildlife, rather than both together. In southern African savannas where community-based natural resources management programmes have been developed, the emphasis has been on wildlife rather than plants, fungi or edible insects. In tropical forests, the opposite has tended to be true, with plant products taken into calculations of forest value rather than animals. Whether NTFR or bush meat use is considered from the perspective of local livelihoods or conservation, species loss through overexploitation benefits neither local people nor conservation in the long term. When a conservation area becomes the focus of high impact harvesting, over-exploitation also undermines the primary goal of any protected area: the maintenance of habitat and species diversity. If even monitoring shows that forest or woodland cover are not decreasing, what is happening beneath the canopy may be quite different: populations of high value, vulnerable plant and animal species can be disappearing due to species specific overexploitation. This situation is rarely taken into account in protected area management.

This review makes the following recommendations to the Subsidiary Body on Scientific, Technical and Technological Advice:

- To achieve a balance between conservation and sustainable use of non-timber forest resources and animals hunted for bush meat, there is a need to consolidate protected area networks and establish and maintain corridors (Article 8a);
- Ecosystem level planning and the management of harvested or hunted populations must take place through a process of consultation, which takes relevant scientific, local and indigenous knowledge into account. Ecosystem level and harvested/hunted population management plans need to be developed with an understanding of the social, economic, ethical, religious and political factors that either encourage resource conservation or lead to resource depletion. Development and implementation of effective conservation and resource management plans may need legislative reform before managed use of non-timber forest resources provides and incentive for conservation as a form of land-use (Article 8k);
- Land-use planning and siting of infrastructure (roads, new settlements) both need to take protected areas, their adjacent conservancies or co-management areas and the requirements for maintaining viable populations of valued, but vulnerable species into account. Legislative change, technical support and economic incentives for ecological restoration of wildlife corridors and for the control of invasive plant and animal species may be necessary for maintenance or re-establishment of viable populations of indigenous plant and animal populations;
- A folk taxonomy initiative should therefore be formed as a separate, new component within the current Global Taxonomy Initiative, which has been established as a means of promoting taxonomy and taxonomic tools for implementation of the Convention (Articles 7 & 12);

- Sustainable levels of harvest of popular, less resilient plant and animal species need to be established and monitored as part of an adaptive management process. This can be achieved through creative partnerships between scientists and local resource-users and requires Technical co-operation (Articles 18 and 25c);
- Appropriate and economically viable monitoring systems should be developed and established at the landscape level (remote sensing, aerial photograph analysis) and local level (indicator species) (Article 7);
- Integrate non-timber forest resources uses into forest inventory and management;
- Conservation through cultivation or farming of wildlife which is economically viable and on a sufficient scale to take the pressure off wild stocks;
- *Ex situ* conservation needs to be implemented for some high value, high vulnerability species (Article 9).

In summary, the complex, crosscutting characteristic of sustainable management of NTFR should not be seen as a problem. There is a great opportunity, given the political will, for implementation of measures that can make a major contribution to the three main objectives in Article 1 of the CBD and to human welfare.

1. Introduction

1. The broad terms "non-timber forest resources" (NTFR) or "non-timber forest products" (NTFP) refer to natural resources collected from forests apart from sawn timber. Wickens (1991), for example, considered non-timber forest products to be "*all the biological material (other than industrial round wood and derived sawn timber, wood chips, wood-based panel and pulp) that may be extracted from natural ecosystems, managed plantations, etc. and be utilised within the household, be marketed, or have social, cultural or religious significance*". Chamberlain *et al.* (1998) provide a slightly more limited, yet still broad, definition: *non-timber forest products are plants, parts of plants, fungi, and other biological material that are harvested from within and on the edges of natural, manipulated or disturbed forests*. According to Chamberlain *et al.* (1998) NTFP may include fungi, moss, lichen, herbs, vines, shrubs, or trees. Many different parts are harvested, including the roots, tubers, leaves, bark, twigs and branches, the fruit, sap and resin, as well as the wood. In this document, the term 'non-timber forest resources' is mostly used.

2. Sustainable management of NTFR sits at the confluence of more Articles of the CBD than probably any other component of natural resource use. A feature of sustainable management of NTFR is the high diversity of species used (Articles 5, 6 & 7), the local and indigenous knowledge linked to those uses (Article 15, 8j) and the varying tenure arrangements and economic incentives for conservation (Article 11). In addition, NTFR trade networks are often complex, with serious impacts on species populations (Articles 3, 5 and 11), requiring innovative assessment, monitoring and conservation methods (Articles 7, 8, 9, 14, 16 & 18). NTFR use occurs across a wide spectrum of biogeographic, ecological, economic, social and historical circumstances across (and within) different continents and vegetation types. Palms and bamboos for example, are amongst the most useful tropical plant resources, yet are poorly represented in Africa (1.7% of palm species; 0.3% of bamboo

species) compared to other parts of the tropics. Differences across continents are equally evident when it comes to animals used as bush-meat: the absence of non-human primates in Australia, yet diversity of marsupials; the high diversity of bovid, ungulates and other large herbivores in Africa; or the occurrence of pangolins in Africa and Asia, but not South America all clearly influence the patterns of bush meat use. Policies and their implementation therefore have to be tailored to local circumstances. Simplistic, "one size fits all" policies can do more harm than good and should be avoided.

3. The relevance of many CBD Articles and decisions to NTFR use offers a great opportunity, given the political will, for implementation of measures that can make a major contribution to human welfare and the three main objectives in Article 1 of the CBD. In industrialized countries, NTFR use is often viewed as a marginal activity, though in reality the trade of these products provide significant economic benefits to many rural households and communities (Chamberlain *et al.* 2000). In many developing countries, the perception is quite the opposite. NTFR are in daily use throughout the tropics, commonly providing resources crucial to people where no other social security is provided by the state. In a typical African country, only one person in ten has a formal job (The Economist, 2000) and economically important species provide a source of informal sector income. Edible wild foods (fruits, wild vegetables, fungi, bush meat and insects) commonly provide dietary supplements (Cunningham and Davis, 1997). Fuelwood or charcoal, not electricity or oil is the major source of household energy (Leach and Mearns, 1988). Nine out of ten people live in informally built houses; eight out of ten people consult traditional healers (Aké Assi, 1988).

4. This paper will bring together the results of a literature study on the main impacts of harvesting non-timber forest resources, and the causes for their unsustainable harvesting. Based

on major findings, a number of proposals to address the negative effects of unsustainable harvesting of non-timber forest resources are presented. The document is based on the review prepared by the Center of international Forestry Research (CIFOR) commissioned by the Secretariat to the Convention on Biological Diversity.

2.

The importance of non-timber forest resources and wildlife to people

5. In *terra firme* forest in Amazonia, for example, Prance *et al.* (1992) recorded that 78.7% of tree species were used by the Ka'apor and 61.4% by the Tembe indigenous peoples. The subsistence value of forests to people is difficult to evaluate, as these products are freely harvested for household consumption rather than for sale. In their study of direct-use values of tropical moist forest foods to the Huottuja (Piaroa) people in Venezuela, however, Melnyk and Bell (1996) provided the equivalent of US\$ 4696 per household per year in a small village and US\$ 1902 per household per year in the large village studied. In other cases, the tastiest, most popular fruits enter trade. In their study of edible fruits sold in the marketplaces of Iquitos in the Peruvian Amazon, for example, Vasquez and Gentry (1990) recorded over 57 wild-collected fruit species being sold. The diversity of medicinal plant species entering local or international markets is even higher. In Indonesia, Siswoyo *et al.* (1994) list 1260 species of medicinal plants being sold, many wild-collected species from forests. In South Africa, 400-500 species are sold for traditional medicines, 99% are wild harvested (Cunningham, 1988, 1991; Williams, 1996). In their study of marketplaces in Mexico, Bye and Linares (1985) found that of the 114 species sold, 28 species were gathered from wild habitat, 52 species gathered from anthropogenic vegetation types, 32 species were domesticated and 2 species were non-domesticated species in cultivation.

6. The number of medicinal products found in temperate climates is staggering, as well. In Germany, Lange & Schippmann (1997) have documented 1543 medicinal plant species comprising 854 genera in 223 families in import or export trade, 70-90% of which are primarily harvested from the wild (Lange, 1997). According to Farnsworth and Morris (1976), 25 percent of all prescription drugs dispensed in the United States over the last several decades have contained active ingredients extracted from higher order plants. Foster and Duke (1990) catalogued more than 500 species native to Eastern and Central

North America that are valued for their medicinal properties. In a report prepared by TRAFFIC North America (1999), at least 175 plant species native to North America are found in the non-prescription medicinal market in the United States and more than 140 medicinal plants native to North America are in international markets. In the Appalachian region of the United States, a region of global biodiversity importance, Krochmal *et al.* (1969) identify more than 150 medicinal plant species.

7. At the same time, a great many species are collected for other reasons, besides medicines or food. Emery (2001) found that rural households in northern Michigan of the United States collected 138 NTFR for non-market motives. In British Columbia, Canada more than 200 botanical forest products have been identified, many of which are used for decorative purposes (de Geus, 1995). Thomas and Schumann (1993) identify more than 50 species native to the United States that are harvested for the floral and greenery markets. In the Appalachian region of the United States, more than 30 species have been identified that are valued for decorative markets (Nelson and Williamson, 1970).

8. By contrast, most bush meat obtained by hunters in tropical forests comes from a relatively small number of large-bodied species, normally the larger ungulates and primates (Bennett & Robinson, 2000). Two species, the common woolly monkey and collared peccary make up 44% of the wildlife biomass harvested by the Huaorani in Ecuador (Mena *et al.*, 2000). Similarly, in Sarawak, Malaysia, three ungulate species, bearded pig and two barking deer species, comprised 80% of biomass hunted (Bennett *et al.*, 2000) although at least 26 mammal species, 12 bird species and 5 reptile species are regularly eaten. In Colombia, for example, Maracá Indians killed at least 51 bird species, including 10 hummingbird species (Ruddle, 1970) and the Sirionó Indians of Bolivia hunt 23 mammal species, 33 bird species and 9 reptile

species. In the Central African Republic, hunters using snares capture 33 mammal species, 7 reptile species and 3 bird species (Noss, 2000) and in the Lobéké area of Cameroon, hunters took at least 36 animal species (Fimbel *et al.*, 2000).

Table 1: Important products derived from non-timber forest resources¹.

Category	Important products (lists not exhaustive)
Food products	Nuts. Brazil nuts, pine nuts, malva nut, walnuts, chestnuts Fruits. Jujube, sapodilla, ginkgo, bush mango Edible fungi. Morels, truffles and other mushrooms Vegetables. Bamboo shoots, reindeer moss, various "green" leaves, palm hearts, wild onions (ramps) Starches. Sago Birds' nests Oils. Shea butter, babassu oil, illipe oil Sap and resin. Maple syrup, Birch syrup
Spices, condiments and culinary herbs	Nutmeg and mace, cinnamon, cassia, cardamom, bay leaves, oregano, etc.
Industrial plant oils and waxes	Tung oil, neem oil, jojoba oil, kemiri oil, akar wangi, babassu, oiti cica and kapok oils. Carnauba wax.
Plant gums	Gums for food uses. Arabic, tragacanth, karaya and carob gums. Technological grade gums. Talha and Combretum gums.
Natural plant pigments	Annatto seeds, logwood, indigo.
Oleoresins	Pine oleoresin Copal, damar, gamboge, benzoin, dragon's blood, and copaiba oil. Amber
Fibres and flosses	Fibres. Bamboo, rattan, xateattap, aren, osier, raffia, toquilla straw products, cork, esparto, Erica and other broom grasses. Flosses. Kapok.
Floral greenery	Beargrass, boughs, Club moss, Galax leaves, Grape vine, Lycopodium, Mistletoe, Rhododendron, Salal, White birch bark
Vegetable tanning materials	Oak, mimosa, chestnut and catha/cutch.
Latex	Natural rubber, gutta percha, jelutong, sorva and chicle.
Insect products	Natural honey, beeswax, lac and lac-dye, mulberry and non-mulberry silks, cochineal, aleppo galls, kermes
Incense woods	Sandalwood, gaharu.
Essential oils	Eucalyptus, Canaga oil (ylang-ylang), Aniba, Sandal oil
Plant insecticides	Pyrethrum, Derris, Medang and Peuak Bong.
Medicinal plants	Around 5000 to 6000 botanical entering world market every year
Animals and animals' products	Ivory, trophies, bones, feathers, butterflies, live animals and birds, bushmeat, etc.

¹ modified from Iqbal (1993) and Thomas and Schumann (1993).

9. Speaking of wildlife often disregards the important protein and food source of fish, shellfish and crustaceans. These resources are not just important as a subsistence resource, providing an important addition to the daily diet of many people living in or nearby forest streams or rivers, but also can provide important cash incomes (Rodríguez, 1992, 1998). Dynamics of aquatic resources are partially different from the forest and specific attention to this NTFR should be considered in the relevant thematic programmes of the CBD.

3. Values of non-timber forest resources

3.1. Economic values

10. Despite the immense importance of non-timber forest plant resources, their value is rarely taken into account in land-use planning (see table 2). Nor are the economic values of these products and the services they provide rarely taken into account in assessing Gross Domestic Product (GDP). These omissions need to be corrected, as NTFR make particularly significant contribution to household incomes of the rural poor. Rural people, moving from a subsistence lifestyle to a cash economy, have relatively few options for generating income. They can sell agricultural or pastoral produce, work for a cash wage in agriculture or industry, or sell retail goods in local or regional marketplaces. For the rural poor without land or livestock, harvesting of wild resources is a common option. Wild and naturalized plants provide a "green social security" to billions of people in the form of low cost building materials, income, fuel, food supplements and traditional medicines. In some cases the revenues earned with commercialised NTFR is the only source of cash income, which increases the dependency of the people on these commercial interesting NTFR resources (van Andel, 2000).

11. Cash income from the sale of NTFR can be very variable, however, even for the same resource category. Earnings vary from a few dollars for *ad hoc* sales to several thousand US\$ per year. In rural Madhya Pradesh, India, for example, NTFR provide 40-63% of total annual income (Tewari and Campbell, 1996). Across seven study areas in southern African, wild plant resources contributed US\$194-\$1114 per household per year (Shackleton *et al.*, 2000). In general, returns to labour from NTFR sales are usually higher than the average local agricultural wage, with income usually higher for externally marketed products. Subsistence values are often also high, particularly for poorer rural households. In Zimbabwe, for example, Cavendish (1997) calculated that these subsistence ("non-market") values contributed 35% of total household incomes.

12. In 1996 the estimated value of the global markets for all herbal medicines (cultivated and wild harvested) was approximately US\$14 billion (Genetic Engineering News, 1997). Europe was the largest market representing one-half of the global trade. Asia commanded approximately 36 percent of the global market. The estimated size of the North American market for herbal medicines in that year was approximately US\$4 billion. In 1998, the total retail market for medicinal herbs in the United States was estimated at \$3.97 billion, more than double the estimate for North America in 1996 (Brevoort, 1998, Genetic Engineering News, 1997)

13. *Panax quinquefolium* (American ginseng) is perhaps the most popular and valued medicinal herb exported from North America. This medicinal plant, which is native to the hardwood forests of eastern North America, has been exported primarily to Hong Kong, Taiwan, and mainland China for more than 300 years. From 1993 through 1996, the volume of forest-harvested ginseng exported from the United States increased more than 175 percent, from 69,000 kg to 191,500 kg (USDA, 1999). The export value ranged from US\$20.7 million to US\$30.47 million. At the same time, the volume of cultivated American ginseng exported in 1996 was approximately 674,000 kg, and valued at only US\$20.2 million. Forest harvested ginseng typically commands a price 10 times that of cultivated ginseng.

Table 2: Examples of NTFR international trade values¹

Products from NTFR	World's import (million US\$)	Notes
Natural rubber	4,221.8	Tropical moist forest regions, from intensively managed plantations, agroforestry systems and natural stands (extractive reserves) of <i>Hevea brasiliensis</i>
Ginseng roots	389.3	Tropical or subtropical, both from wild and plantations
Essential oils	319.4	Various regions, both from wild and cultivated resources
Cork	310.7	Mediterranean regions from managed natural stands and plantations of <i>Quercus suber</i>
Honey	268.2	Worldwide product from intensively or extensively managed and wild resources
Walnut	215.9	Temperate from cultivated populations of <i>Juglans spp.</i>
Mushrooms	206.5	Temperate and sub-tropical both from wild and cultivated populations
Rattan	119.0	Tropical rainforests, mostly from natural stands, few plantations in Asia
Gum Arabic	141.3	Tropical arid regions, mostly from wild or extensively managed natural stands of <i>Acacia senegal</i> and <i>A. seyal</i>
Brazil nuts	44.3	Amazonian rainforests, from wild or semi-intensively managed natural stands of <i>Bertholetia excelsa</i>
TOTAL NTFR	11,108.7	

¹ modified from FAO (1995b) – original data from UNCTAD database

3.2. Nutritional values

14. Starchy staple food from a few species of cultivated plants form the bulk of peoples food in the tropics - either rice, maize, sorghum or millet (Gramineae), cassava (Euphorbiaceae) or potatoes (Solanaceae). In some parts of the tropics, the starchy staple foods are from sago palm (*Metroxylon sagu*), taro (*Colocasia esculenta*) or arrowroot (*Maranta arundinacea*). Bush meat commonly provides an important protein source in the tropics and gathered plant foods an important source of dietary supplements to the starchy staple diet. Even where there has been a change from a hunter-gatherer lifestyle to pastoralism or agriculture, hunting and gathering remain important to a high proportion of rural households in African woodlands (Campbell *et*

al, 1991; Cunningham, 1988a; Wilson, 1990) and tropical forests (Koppert *et al.*, 1993). Wild plant foods are well known from studies in Africa, Asia and Latin America to be a valuable source of these nutrients deficient in starchy staple diets, particularly nicotinic acid from wild spinaches (Santos-Oliviera and Carvalho, 1975), vitamin C from wild fruits (Quin, 1959; Wehmeyer, 1966) and protein from *Sclerocarya birrea*, *Schinziophyton rautanenii* and *Tylosema esculenta* seeds and edible insects (Quin, 1959). In Appalachian forests of eastern United States, the native Americans depended on the greens and bulbs of *Allium tricocum* (ramps), which appear early in the spring, for much needed vitamins after a long winter with no fresh vegetables.

3.3. Social and cultural values

15. The social and cultural values linked to foods and medicines are a reflection of the value placed on NTFR. Even airfreight is used to transport edible and medicinal plants, regionally or internationally to meet culturally driven demand. An estimated 105 tonnes of "bush plums" (*Dacryodes edulis*) and 100 tonnes of "eru" (*Gnetum africanum* and *G. buchholzianum*) leaves are exported, for example, from Cameroon, Congo, Gabon and the Democratic Republic of Congo as foods for West Africans living in France and Belgium (Tabuna, 1999).

16. Western and traditional medicines are based on very different and well-documented views of health and disease. Traditional medicine takes a holistic approach where disease or misfortune result from an imbalance between the individual and the social environment while western medicine takes a technical and analytical approach. These different approaches to the causality of disease are one of the reasons why demand for traditional medicine continues in the urban environment even if western biomedicine is available. Another reason is that western medical care is more expensive and very limited in remote rural areas.

17. International trade in Chinese traditional medicines, in kava (*Piper methysticum*) to expatriate Pacific islanders living in North America or the African medicinal plant khat (*Catha edulis*) to Somali communities in Europe and North America are other examples. A recent survey amongst 70 Somali people in Liverpool, England, for example, found that 43% of men had used khat, with 39% chewing it on a daily basis (Berry, 1996). Remarkably for a product in long-distance trade, the young leaves of *Catha edulis* need to be chewed while still fresh for maximum effect - and for this reason, the price of khat rapidly drops with time. As a result, the trade has to be highly organised to get leaves from the farm to the end-user as soon as possible.

18. There is a deep-rooted cultural bond to NTFR collection and use. When the early European settlers immigrated to North America, they brought with them items essential to sustain their lives. When these stores were depleted, they looked to the local forest resources and learned from the Native Americans which plants were useful and how to use them. Much of the knowledge gained from Native Americans is the foundation of the herbal medicinal industry today. Many rural collectors can trace their bond to NTFR collecting back more than 400 hundred years. The knowledge that present-day collectors have about NTFRs could prove invaluable in developing appropriate management strategies.

4. Harvesting impacts

19. For many products, harvesting takes place in landscapes changed by people due to farming, fire or livestock, even where human population densities are very low. In the Brazilian Amazon, for example, with an average human population density of about 1 person/km², at least 11.8% of *terra firme* forest is an anthropogenic result of swidden agriculture, human settlement and plant domestication (Balee, 1989, 1993). In all savanna systems, fire is a frequent source of disturbance (Scholes and Walker, 1993). By the time of European contact, most of Australia, with a human population far lower than Amazonia, was being deliberately burnt as a means of managing food production density (Latz, 1995). Direct use of resources is thus superimposed upon the effects of natural and/or anthropogenic disturbance. In some cases this enhances species populations and in others, diminishes them. Many species of bamboo, thatch-grasses (*Hyperthelia*, *Imperata*, *Cymbopogon*), edible leafy greens (Acanthaceae, Amaranthaceae, Capparaceae) and sources of bark fibre (Tiliaceae, Malvaceae) are often widely distributed, light demanding plants whose populations increase in response to disturbance. Anthropogenic disturbance also occurs at smaller scales. Examples are the deliberate planting of useful species in forest patches or along paths such as by the Kayapó in Amazonia (Posey, 1984), propagation of *Canarium* and *Landolphia* by Mbuti in the Ituri forest (Ichikawa, 1999) or the protection of valued species, replanting the tops of wild *Dioscorea* tubers, transplanting palm suckers, on a sufficiently systematic basis for this to be considered 'rainforest management' (e.g.: Alcorn, 1981).

20. In the past, under subsistence demand, harvesting of plant-based NTFR rarely resulted in species-specific overexploitation. Now, rural communities in many parts of Africa, Asia, Central Europe and the Americas are increasingly concerned about losing self-sufficiency as their local wild populations of favoured, popular plant species are cut down or dug up, bundled or

bagged and transported to far-away regional markets. Similar concerns apply to animals used for bush meat, as the wildlife biomass of tropical forests is generally low. In Amazonia, for example, the protein intake of the Yuquí Indians dropped from 88 g to 44 g per person per day after large-scale invasions by colonists between 1983 and 1988 (Stearman, 2000). Wildlife hunting may be sustained but only where human population densities are low (Bodmer *et al*, 1994). Based on a recent review of studies on hunting in tropical forest, Bennett and Robinson (2000) suggest that for people depending exclusively on wild meat, hunting may not be sustainable if human population densities >1 or 2 person/km². Where people shift from subsistence to a cash economy, frequency and intensity of harvesting or hunting change rapidly, for example in response to commercial demand stimulated by increased access (e.g.: road construction for logging). The bush meat trade (Bennett and Robinson, 2000) as well as some rattan, craft, horticultural and medicinal plant species all provide examples of this situation (Cunningham & Milton, 1987; Donaldson, in press; Dransfield, 1981; Nantel *et al*, 1996).

21. Whether NTFR or bush meat use is considered from the perspective of local livelihoods or conservation, species loss through overexploitation benefits neither local people nor conservation in the long term. Unrestricted access to valued but vulnerable species may provide a high initial harvest, but this will merely be a temporary "bonanza" followed by loss of local self-sufficiency and higher effort or prices to get the species elsewhere. In most cases, habitat loss is the initial underlying cause of threat. Increasingly, however, species specific over harvesting of some plant and animals is becoming a significant factor as habitats shrink and demand for valued, but vulnerable species increases. Substantial proportions of some of the world's most useful plant families are currently threatened by either habitat loss or species-specific overexploitation (or a combination of these two factors).

22. It is often assumed that NTFR are sustainably harvested and that this "green social security" will always be available to resource users. This is not always the case. In many parts of the world, local people are losing access to valued plant and animal species, either through overexploitation and habitat destruction or loss of access as former harvesting areas are included within national parks or forest reserves. For all interest groups, whether resource users, rural development workers or national park managers, it is far better to have pro-active management and to stop or phase out destructive harvesting in favour of suitable alternatives before overexploitation occurs, than to have the "benefit" of hindsight after resource depletion.

23. A problem is that little is known about the population biology, standing stocks or yields of most plant species that are harvested for non-timber forest products. Tropical forests, for example, are remarkably diverse, yet poorly studied by scientists. Many tropical species are not described and even less is known about the population biology or ecological interactions between species. Though, temperate forest species may be better studied, for many temperate NTFR little more is known than basic taxonomy and the geographic distribution. There is a general lack of knowledge about the reproductive biology, inventories, and sustainable yields. Even if encouraging new initiatives such as the Global Taxonomy Initiative were implemented tomorrow, we still need to find ways to prioritise NTFR species as components in the implementation of conservation and sustainable use plans.

24. Due to the diversity of forest ecosystems and NTFR, our limited "scientific" knowledge and the ecological and taxonomic insights held by knowledgeable local and indigenous people, it is recommended that more use should be made of folk taxonomists. Where formally trained taxonomists are not (and unlikely to become) available, local folk taxonomists can be remarkably effective. In India, for example, local people in

selected areas are involved in "community biodiversity registers" (Gadgil, 1996; Ministry of Environment and Forests, 1997) in a process that documents biodiversity at a landscape level and the processes driving change. This experimental process is worth pursuing in other parts of the world.

25. The greatest contribution by folk taxonomists will probably be in the inventory and population biology of useful species such as edible or medicinal plants or animals. In Australia, where reptiles are commonly hunted for food, local folk taxonomy can be crucial at filling gaps in knowledge about reptile-taxa (Baker and Mutitjulu Community 1992). Kinabalu Park in Sabah, Malaysia, with over 5000 plant species has long been a famous site for botanical richness. This enabled a comparison of the number of palm species collected by professional botanists visiting Kinabalu from the 1850's onwards with those made by community-based collectors. They, in just 3% of the time in which professional botanists were active, were able to increase known palm genera by 82%, species and intraspecific taxa by 65% and the number of collections by 103% (Martin *et al*, 2001). Traditional ecological knowledge can provide valuable information on stewardship practices for sustainable NTFR use (Emery, 2001a).

26. Vulnerability or resilience to harvesting is influenced by the level of demand and by common biological characteristics: life form (plants) or body size (animals), growth rate, reproductive biology, geographic distribution, habitat specificity, population density, etc. (Cunningham, 1991; 2001; Peters, 1983; Peters, 1994). Harvesting of leaves, flowers or fruits (or eggs) from widely distributed, fast growing, fast reproducing species occurring at high densities in a range of habitats is obviously of less concern than the killing of large, slow growing, infrequently reproducing species.

27. The effects of harvesting on a plant population depend on what part of the plant is harvested and on the quantity, intensity and frequency of harvesting. Most harvesting has some effect, but extirpation is infrequent and extinction even more rare. It is usually a function of habitat destruction coupled with commercial harvesting of restricted range species. The effect of harvesting is particularly acute when the roots, fruiting bodies or other reproductive organs are removed. With many medicinal plants, the roots are harvested thus severely limiting reproductive capability. The barks of other medicinal plants are stripped from the live plant, increasing tremendously the likelihood of mortality. Although the response of individual plants is a useful guide to estimate harvesting impact, it is crucial to avoid getting side-tracked when seeing destructive harvest at the individual level and to take into account geographic distribution, habitat specificity, growth rates, conflicting uses, reproductive biology and management costs.

28. Harvested populations in turn need to be viewed in terms of abundance, distribution and response to disturbance at the landscape level (Cunningham, 2001). A seemingly low impact use, such as harvesting of fruits for example, may have a high long-term impact on populations of some species, either because of long-term impact on seedling recruitment (Peters, 1994) or because fruit collection involves tree felling. On the other hand, even if harvesting bark, roots, stems kills some individual plants, it may have little impact on the populations of fast growing, fast-reproducing species. In Guyana species rich mixed forests contain more NTFR species than species-poor swamps. However this diversity is not a prerequisite for economically viable and ecologically sustainable NTFR extraction. Low-diversity forests offer better opportunities for sustainable single-species extraction, as they are dominated by economically important species (van Andel, 2000).

5. Underlying causes of unsustainable harvesting

29. Forest and woodland fragmentation results in harvesting and hunting focused on the remaining source areas, including national parks (and even botanical gardens!!). In terms of people's harvesting, a decline in area covered by vegetation types with characteristic species associations is highly significant to conservation and resource management programmes. For this reason, understanding what drives deforestation (Kaimowitz and Angelsen, 1998) and resultant policy change are directly relevant to sustained use of NTFR.

30. Firstly, this represents a decline in wildlife species (Cuaron, 2000) and in the availability of plant species that was or would have been used by local people. Working in 2.7 million ha of southern Mexico and northern Guatemala, for example, Cuaron (2000) showed a declining trend in habitat availability for 32 (59%) of the 54 wildlife species. Secondly, it means that the remaining blocks of vegetation become the focus for more frequent and intensive harvesting of high value species, for both bush meat (e.g., Fitzgibbon *et al.*, 1995) and plant products (e.g., Cunningham, 2001). Periodic assessment of the extent and rate of loss (or expansion) of habitat at a landscape level using aerial photographs or satellite images are a common, cost-effective way to monitor the success or failure of conservation programmes, but they do not give the full-picture. Forest or woodland cover may not change - but underneath the canopy, populations of high value, vulnerable plant and animal species can be disappearing due to species specific overexploitation: the "empty forest" phenomenon described by Redford (1993) for wildlife. This situation is rarely taken into account in protected area management. For these reasons, monitoring at a large spatial scale needs to be combined with monitoring of a high value "indicator" species at a population level to give a comprehensive picture.

5.1. Biological factors

31. Differences in climate, soil and vegetation type result in significant differences in the avail-

ability and use of NTFR across tropical and temperate climates. Large areas of the tropics are covered by sandy, nutrient poor soils. Examples are *terra firme* forest in Amazonia, heath (kerangas) forests in Borneo, in south-central Africa, Zambesian dry evergreen forests on Kalahari sands (dominated either by *Cryptocephalum*, *Parinari excelsa* or *Marquesia macruora*), the monodominant *Gilbertiodendron dewevrei* forests in the Congo basin and in eastern Africa, dry deciduous forests on coastal plain sands. In each case, the relatively low productivity of these forests, with consequently low carrying capacities for hunting communities, suggests that hunting may not even be sustainable where human population densities are less than 2 persons/km² (Bennett and Robinson, 2000).

32. In the case of wild plant use, yields from wild populations are often overestimated. Whether fruits, roots, bark or whole plants are involved, the potential yield from wild stocks of many species is frequently overestimated, particularly if the effects of stochastic events are taken into account. As a result, commercial harvesting ventures based on wild populations can be characterised by a "boom and bust" situation where initial harvests are followed by declining resource availability. In their work on American ginseng (*Panax quinquefolium*) in Canadian temperate forests, Nantel *et al* (1996) found the extinction threshold below 30-90 plants. The minimum viable population was estimated at 170 plants but only a dozen populations were larger than 170 plants, so most cannot support any harvesting if they are to be maintained in the long-term. The low level of extraction required to ensure sustainable harvesting of wild populations of American ginseng (*Panax quinquefolium*) as well as wild leeks (*Allium tricoccum*) in Canada (Nantel *et al*, 1996) and amla tree (*Phyllanthus emblica*) fruit in India (Shankar *et al*, 1996) all suggests that at current prices, sustainable harvest levels for these species were not an economic propositions for commercial gatherers.

5.2. Change in socio-economic factors

33. Transport systems are reaching further and further into remote, resource-rich regions, catalysing settlement, and forest and woodland clearing. This results in the loss of supplies of wild harvested species as habitat declines and trade of bush meat and wild plant species increases. For these reasons, Wilkie *et al.* (2000) highlight the need, through co-ordinated land-use and infrastructure planning, to plan roads in a way that maximises local and national economic benefits while minimizing the negative effects road construction has on biodiversity.

34. Improved transport networks strengthen the link between rural resources and urban demand. They also result in an influx of outsiders, frequently disrupting traditional resource tenure systems and increasing the scramble for economically valuable resources. As cities grow, the markets within them exert stronger and stronger pull on rural resources. Over the past century, there has been an unprecedented flood of people moving from rural to urban areas. At present, the highest rate of urbanisation, 6% per year, is in sub-Saharan Africa. In South Asia, the rate is 4% per year. Godoy and Bawa (1993) suggest that economic development "encourages rural to urban migration, lowers population growth, and supports more productive agriculture, all of which should decrease pressure on the forest as a source of livelihood". Since the 1960's, the growing demand from urban areas has catalysed NTFR trade, drawing in resources from rural areas to towns and cities, for favoured fuelwood, building materials, medicinal or edible wild fruit species. From first harvest to final sale, this trade in wild plants and bush meat for local, national or regional consumption forms part of an informal sector "hidden economy". This informal sector trade continues to be very important in the cities of many developing countries, as the urban-rural divide is rarely a clear-cut one. As a result, urbanisation has tended to increase rather than reduce the demand for wild plant resources, catalysing a commercial trade that stimulates over-exploitation.

35. International trade in NTFR is more obvious, as middlemen link the informal sector to an export sector for which export or import records are sometimes kept. For example, around 500 people, mostly women sell more than 700 metric tons of aguaje (*Mauritia flexuosa*) palm fruit each day in Iquitos (Padoch, 1988). Of the 700 full-time NTFR traders in the daily urban markets of Kumasi, Ghana, 90% of whom were women, 100 traded in leaves of Marantaceae with the monthly demand for *Marantochloa* leaves exceeding US\$47 000. Of the 100 people, also mainly women, who traded in medicinal plants, 65 were full-time bush-meat traders, 50 traded smoked meat, 15 fresh bush meat, selling an estimated 160 tons of meat/yr with an annual value of US\$209 000 and 25 were full-time basket traders, selling 1000-5000 baskets/month (FAO, 1995a). In Gabon, the bush meat trade has been valued at \$22 millions/yr for informal markets and \$3 millions/yr from formal markets, with four tonnes of bush meat entering Libreville monthly (Inamdar *et al.*, 1999).

36. A study of the segment of the floral industry that deals with forest-harvested greens in the Pacific Northwest of the United States found that processors purchased US\$47.5 million worth of conifer boughs and other floral greens (Schlosser, Blatner and Chapman, 1991). This segment contributed US\$128.5 million to the regional economy at the wholesale level in 1989, and supported more than 10,000 seasonal and permanent jobs.

37. The shift from subsistence use to commercial sale has important implications for resource management as it results in larger volumes being harvested, a higher frequency and intensity of harvesting and often affects resource tenure. In some cases, commercial harvesting strengthens resource tenure and the incentive to conserve individual plants. Commercial sale of wild fruits such as *Sclerocarya birrea*, for example, maintains the incentive to conserve wild fruit-bearing trees in parts of Africa where development of a social

stigma against gathering wild fruits as a food resource is undermining the "traditional" practice of conserving wild fruit trees. In others, the shift from subsistence use to commercial harvesting weakens resource tenure and undermines customary controls of resource use.

38. Although access to markets is a key factor in realizing economic values of NTFR (Neumann and Hirsch, 2000), the ingenuity of people accessing markets if there is sufficient economic incentive should not be underestimated. The use of helicopters to (often illegally) transport the aromatic gaharu resins (*Aquilaria* trees) from remote South-East Asian forests to international markets is a good example (Momborg *et al.*, 2000). If prices and profits are high enough, local traders will also make remarkable use of any transport network to get perishable species to the market. As road networks extend into more and more remote rural areas, so commercial harvesters or middlemen flow in, and favoured plant species flow out.

39. Local gatherers often get a low and highly variable price for unprocessed plant material at the start of these complex marketing chains from rural gatherers harvesting wild species to urban consumers. Although income from *Prunus africana* bark sales is an important source of revenue to villagers in Madagascar, in some cases generating >30% of village revenue, the price paid to collectors is negligible compared to middlemen (Walter and Rokotonirina, 1995). In Mexico, Hersch-Martinez (1995) found that medicinal plant collectors only received an average 6.17% of the medicinal plant consumer price. In India, the extent by which the prices of NTFP's increased from along the marketing chain from the point of collection varied from an increase of 50% for *Decalepis hamiltonii* to 255% in soapnut (*Acacia sinuata*) sales (Hedge *et al.*, 1996). On the basis of their study, Hedge *et al.* (1996) considered that one consequence of low prices to harvesters could be overexploitation and conversely, increased income through value-addition and

processing could provide an incentive to decrease harvest levels. For this reason, for example, Shankar *et al.* (1996) have recommended an alternative flow of amla (*Phyllanthus emblica*) fruit in India from the forest source area to the Indian consumer, improving economic benefits to harvesters as a means of improving household income while reducing over harvesting of fruits. Their model is widely applicable, as is the Joint Forest Management (JFM) system developed for NTFR harvest and timber production in *Shorea robusta* forests in West Bengal, India, which has also been applied in Nepal (Hobley, 1996). Next to the systems such as Joint Forest Management another important and potential fruitful system has been developed. Analogue Forestry, which was initially started in the home-gardens of Sri Lanka, has now been applied in numerous other countries and proven quite successful in combining biodiversity with NTFR production and harvesting (Senanayake and Jack, 1998; Mallet, 2000).

40. Low prices paid for medicinal plants, whether for local or export markets, often bear no relation to the real cost of resource replacement. Low prices also mean that few slow growing species are cultivated and that cultivation for profit is restricted to a small number of high priced and/or fast growing species.

5.3. Disappearance of cultural and religious values

41. The assumption tends to be that "economic development" means that electricity, kerosene or gas for lighting and household cooking is supplied at low cost to the majority of the urban population. However this is often not the case in the shantytowns that sprawl around the rapidly growing cities of most developing countries. The cultural and economic importance of wild plants to urban people is a crucial factor, which also has to be taken into account. Common examples in many cities in Africa, Asia and Latin America are the sale of wild-collected medicines, chewing sticks, indigenous foods and bush meats valued by urban people.

42. Cultural systems are even more dynamic than biological ones, and the shift from a subsistence economy to a cash economy is a dominant factor amongst all but the remotest of peoples. In many parts of the world, "traditional" conservation practices have been weakened by cultural change, higher human needs and numbers and a shift to cash economies. There are an increasing number of cases where resources which were traditionally conserved, or which appeared to be conserved, are being overexploited today. The people whose ancestors hunted, harvested and venerated the forests that are the focus of enthusiastic conservation efforts are sometimes the people who are felling the last forest patches for maize fields or coffee plantations, often on slopes so steep that sustainable agriculture is impossible. In other places, local human populations have decreased due to epidemic disease or even urbanisation, with swidden agriculture only occurring on old secondary forest. While some resources are being over harvested due to cultural and economic change, the majority are still used sustainably, and the impact on others has lessened because of social change. In the most extreme cases, "islands" of remaining vegetation, usually created by habitat loss through clearing for agriculture, then become focal points for harvesting pressure, and sites of conflict over remaining land or resources.

6. Recommendations

6.1. To achieve a balance between conservation and sustainable use of non-timber forest resources, there is a need to consolidate protected area networks and establish and maintain corridors (Article 8a) through:

- i. Identification and legal protection of currently unprotected sites that are a priority for conservation of biological diversity and ecosystem processes and, where necessary, increase of the effectiveness of existing protected area management.
- ii. Putting in place land-use mosaics favourable to the conservation goals of the adjacent protected areas. The form this takes will vary with social, political and economic circumstances, comprising conservancies, "land care" groups, multiple-use zones, co-management areas or indigenous production forests. Firm, mutually agreed and enforceable regulations need to be established.
- iii. This should be planned at an ecosystem scale to create biological corridors for migratory species and maintain minimum viable populations of conservation priority species.

6.2. Land-use and infrastructure planning (roads, new settlements) need to take into account protected areas, their adjacent conservancies or co-management areas and the requirements for maintaining viable populations of valued, but vulnerable species.

These should not block migration routes, result in the destruction of high conservation priority habitats or stimulate the overexploitation of high conservation priority species (such as rattan, medicinal plants or bush meat) through unregulated commercial trade.

6.3. Ecosystem level and harvested/hunted population management planning must take place through a process of consultation that takes into account relevant scientific, local and indigenous knowledge.

This should recognize the role of cultural landscapes (with their botanical and cultural diversi-

ty) and include support to local or indigenous people trying to protect their biological and cultural heritage from external incursions such as industrial logging, large dams or industrial scale agriculture.

6.4. Development and implementation of effective conservation and resource management plans may need legislative reform before managed use of non-timber forest resources provides incentive for conservation as a form of land-use (Article 8k).

Examples are the development of national legislation in Namibia that recognizes community rights to values derived from wildlife within co-managed conservancies. An example of the converse is national legislation in Australia which denies indigenous people commercial access to indigenous species (birds, reptiles, marsupials) even where viable harvesting is possible as a more appropriate form of land use than sheep (ACIL Economics, 1997). In Côte d'Ivoire wildlife hunting is registered as an illegal activity: poaching. This legislation hampers the development of regulations on wildlife management and many households in the vicinity of Tāi National Park depend on the market trade of bushmeat. Therefore it is recommended in this specific case to support the drawing up of the necessary conditions for the reopening of hunting in Côte d'Ivoire (Casparly *et al*, 2001).

6.5. Legislative change, technical support and economic incentives for ecological restoration of wildlife corridors and for the control of invasive plant and animal species may be necessary for maintenance or re-establishment of viable populations of indigenous plant and animal populations.

6.6. Training: recognize and strengthen the role of local people in inventory, research, monitoring and impact assessment processes, and management (Article 12):

- i. A folk taxonomy initiative should be formed as a separate, new component within the

current Global Taxonomy Initiative, which has been established as a means of promoting taxonomy and taxonomic tools for implementation of the Convention. Traditional ecological knowledge of local and indigenous peoples about the ecology and use of NTFR species needs to be documented, strengthened, respected, and developed. The role of local people in tropical taxonomy initiatives has also been recognized in Costa Rica (Janzen *et al.*, 1993) and Brazil, concentrating on the collection and cataloguing of wasps, beetles, vertebrate parasites and fungi specimens. A recent example of this, concentrating on insect pollinators, is the document prepared by Brazilian Ministry of the Environment as a contribution for the implementation of Decision III/11 of the Convention on Biological Diversity which established a work program on the conservation and sustainable use of agricultural biological diversity (Dias, Raw and Imperatri-Fonseca, 1999).

- ii. There is a great need for training (CBD Article 12a) of young professionals and the staff of agencies responsible for the management of NTFR and wildlife resources to work effectively with the local harvesters and their communities, private owners and those working for commercial enterprises. This will require *Technical and scientific cooperation* (Articles 18 and 25c).
- iii. The role of local and indigenous people should not only be recognized in inventory, research, monitoring and impact assessment processes but also in the management itself. Cases in Colombia have proven that local indigenous management of natural resources but also research is quite successful (Rodríguez and van der Hammen, 1999)

6.7. Appropriate and economically viable monitoring systems should be developed and established at the landscape level (remote sensing, aerial photograph analysis) and local level (indicator species) (Article 7)

Involvement of local people in this process, through both mapping and monitoring should be considered, particularly for countries with limited numbers of trained personnel. Efficient systems for data storage, analysis and the return of results to local people must accompany this process.

6.8. Integrate non-timber forest resources uses into forest management and land use planning:

Non-timber forest products need to be recognized by forest management agencies as natural resources and fully integrated into forest management planning and activities. NTFR should receive similar attention in forest management as other natural resources, such as timber, minerals, and water. Silvicultural prescriptions need to be developed that consider and incorporate NTFR. The opportunity for better co-ordinated inventory and management to avoid wastage should influence the choice of natural forest logging systems and how these influence non-timber forest products. Forest management planning needs to consider the implications of removing the canopy, due to logging, on understorey NTFR. Although many tree species have multiple uses aside from timber, this is rarely taken into account in forest inventory or management. Exceptions to this are forest departments in Finland, which uses double-inventory methods to develop management plans for berry yielding shrubs and for edible mushrooms (Saastamoinen *et al.*, 1998) and the Nepal Forest department, which has recently included NTFR in its five-year planning process (Wong, 2000). There is a great opportunity for SBSTTA to stress the need for inclusion of NTFR in forestry planning processes, as logging impacts can have a far greater impact than harvesting on some NTFR.

6.9. Conservation through cultivation or farming of wildlife, which is economically viable and on a sufficient scale to take the pressure off wild stock:

Wild harvest is not always the answer, particularly under high demand. While managed sustain-

able use of wild populations is theoretically possible in high species diversity systems such as forests, it requires such high inputs of money and manpower that exploitative use is likely to occur. Cultivation can be a cheaper and more practical option. If cultivation is to be a success in providing an alternative supply of overexploited plant species, then plants have to be produced cheaply and in large quantity. Most cultivation or wildlife farming will be competing with material harvested from the wild that is supplied to the market by commercial gatherers, who have incurred no input costs for cultivation. Prices therefore increase with scarcity due to transport costs, search time and the long-distance trade. At present, low prices (whether for local or international pharmaceutical trade) ensure that few species can be marketed at a high enough price to make cultivation profitable. If cultivation does not take place on a big enough scale to meet demand, it merely becomes a convenient bit of "window dressing" masking the continued exploitation of wild populations. This is attained relatively easily in the case of medicinal species. The regional demand for *Scilla natalensis* (Liliaceae) in KwaZulu/Natal, South Africa, for example, was 300,000 bulbs/yr, which are at least 8 - 10 yr old from the wild. On a 6 yr rotation under cultivation at the same planting densities as Gentry *et al.* (1987) used for *Urginea maritima* (Liliaceae), 70 ha would be required (Cunningham, 1988). Due to their slow growth rates, the rotational area required for tree species would be far greater, with total area dependant on demand. Between 3200 and 4900 tonnes of *Prunus africana* bark are exploited annually for export to Europe. In ideal conditions, bark production rates of *Prunus africana* are similar of *Acacia mearnsii* plantations, which produce 28 tons/bark/yr from 12 yr old stands with 1,363 trees/ha. Before manufacture of the capsules, the bark extract is standardized to contain 13% phytosterols (Mediherb, 1991). Twelve-year-old trees have about 50% of the phytosterol content, so twice the current tonnage would presumably be required. If this is correct, then total annual

world demand for *Prunus africana* bark could be produced by a total plantation area of 2743 - 4200 ha or a 12 year rotation of a total of 230 - 350 ha of trees felled and totally stripped of bark each year. In Côte d'Ivoire on farm propagation proved successful for Makoré (*Tieghemella heckelii*) a local fruit tree. The study showed however that next to the biological, ecological and economic aspects also socio-economic aspects should be taken into account. In the Taï region where the study took place planting a tree was taboo for the farmers, as they believed that planting a tree was an act exclusively for God and that the planter was condemned to die before the tree became mature. Between 1969 and 1989 the first timed steps were set towards actual cultivation of forest fruit trees. The Makoré seed oil - used for making butter, soap and balm for hair and skin - was the primary motivation for 79% of the farmers to domesticate the species. (Bonnéhin, 2000)

6.10. Raise awareness of importer, exporter, manufacturers and retail buyer:

Importers and consumers need to become aware of whether the products they consume are harvested sustainably or not, and bear some responsibility for sustainable resource management. Programmes that raise awareness about the "ecological footprint" of long-distance trade from developing to developed countries or Certification programmes such as the Forest Stewardship Council (FSC) that may be applied to some NTFR (Shanley *et al.*, in press) are useful tools to achieve this goal. Note that next to the NTFR certification scheme of FSC other certification schemes exist. Certifying the Environmental Management System (EMS) of a forest organisation can be done according international standards (ISA|O 14001/14004), however it does not lead to product labelling. The certification systems on organic agriculture such as the International Federation on Organic Agriculture (IFOAM) or the Organic Crop Improvement Association (OCIA) deal with NTFR from human altered vegetation types. Finally the Fairtrade Labelling Organization

(FLO) focuses on socio-economic criteria of products including NTFR. It is important to attune the different certification schemes so they mutually reinforce their processes and avoid potential conflicts (Maas and Ros-Tonen, 2001).

6.11. Ex situ conservation (CBD Article 9):

Secure ex-situ gene banks need to be developed. Commercially harvested, habitat specific, phylogenetically distinct genera are an important priority (e.g., *Panax* (6 species, all commercially harvested), *Warburgia* (4 species, all harvested) and *Aquilaria* (15 species, at least 7 of which are exploited for gaharu). Priority should be given to those plant species listed on CITES.

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